

## ANTIRACISM RESOURCES

### **Books**

- ) Me and White Supremacy – Layla F. Saad
  - o *Me and White Supremacy: A 28-Day Challenge to Combat Racism, Change the World, and Become a Good Ancestor* leads readers through a journey of understanding their white privilege and participation in white supremacy, so that they can stop (often unconsciously) inflicting damage on black, indigenous and people of color, and in turn, help other white people do better, too. The book goes beyond the original workbook by adding more historical and cultural contexts, sharing moving stories and anecdotes, and includes expanded definitions, examples, and further resources.
- ) The New Jim Crow – Michelle Alexander
  - o *The New Jim Crow* is a stunning account of the rebirth of a caste-like system in the United States, one that has resulted in millions of African Americans locked behind bars and then relegated to a permanent second-class status—denied the very rights supposedly won in the Civil Rights Movement.
- ) Between the World and Me – Ta-Nehisi Coates
  - o *Between the World and Me* is Ta-Nehisi Coates's attempt to answer these questions in a letter to his adolescent son. Coates shares with his son—and readers—the story of his awakening to the truth about his place in the world through a series of revelatory experiences, from Howard University to Civil War battlefields, from the South Side of Chicago to Paris, from his childhood home to the living rooms of mothers whose children's lives were taken as American plunder. Beautifully woven from personal narrative, reimagined history, and fresh, emotionally charged reportage, *Between the World and Me* clearly illuminates the past, bracingly confronts our present, and offers a transcendent vision for a way forward.
- ) Stamped from the Beginning: The Definitive History of Racist Ideas in America – Ibram X. Kendi
  - o The National Book Award winning history of how racist ideas were created, spread, and deeply rooted in American society. Some Americans insist that we're living in a post-racial society. But racist thought is not just alive and well in America--it is more sophisticated and more insidious than ever. And as award-winning historian Ibram X. Kendi argues, racist ideas have a long and lingering history, one in which nearly every great American thinker is complicit. In this deeply researched and fast-moving narrative, Kendi chronicles the entire story of anti-black racist ideas and their staggering power over the course of American history. He uses the life stories of five major American intellectuals to drive this history: Puritan minister Cotton Mather, Thomas Jefferson, abolitionist William Lloyd Garrison, W.E.B. Du Bois, and legendary activist Angela Davis. As Kendi shows, racist ideas did not arise from ignorance or hatred. They were created to justify and rationalize deeply entrenched discriminatory policies and the nation's racial inequities. In shedding light on this history, *Stamped from the Beginning* offers us the tools we need to expose racist thinking. In the process, he gives us reason to hope.
- ) How to Be an Antiracist – Ibram X. Kendi
  - o Ibram X. Kendi's concept of antiracism reenergizes and reshapes the conversation about racial justice in America--but even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. Instead of working with the policies and system we have in place, Kendi asks us to think about what an antiracist society might look like, and how

- we can play an active role in building it. In his memoir, Kendi weaves together an electrifying combination of ethics, history, law, and science--including the story of his own awakening to antiracism--bringing it all together in a cogent, accessible form. He begins by helping us rethink our most deeply held, if implicit, beliefs and our most intimate personal relationships (including beliefs about race and IQ and interracial social relations) and reexamines the policies and larger social arrangements we support. *How to Be an Antiracist* promises to become an essential book for anyone who wants to go beyond an awareness of racism to the next step of contributing to the formation of a truly just and equitable society.
- J **White Fragility: Why It's So Hard for People to Talk About Racism – Robin DiAngelo**
    - o In this "vital, necessary, and beautiful book" (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and "allows us to understand racism as a practice not restricted to 'bad people' (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.
    - o [White Fragility reading guide](#)

### **Black-owned Bookstores**

- J [Ashay by the Bay](#) – located in Oakland, CA, shipping available
- J [Mahogany Books](#) – located in DC, shipping available
- J [Busboys & Poets](#) – located in DC, shipping available
- J [The Lit. Bar](#) – located in NYC, shipping available
- J [Semicolon](#) – located in Chicago, shipping available
  
- J Bonus: [Brave + Kind](#) – kids bookstore located in Decatur, GA, that stocks great, diverse kids titles

### **Podcasts**

- J Ibram X. Kendi's [How to Be An Antiracist](#) episode on Brene' Brown's Unlocking Us podcast
- J Rachel Cargle's [Do the Work](#) episode with CTZNBWELL
- J Ta-Nehisi Coates's [Imagining a New America](#) episode Krista Tippett's On Being Podcast
- J Robin DiAngelo's [White Fragility](#) episode with CTZWELL
- J [Good Ancestor](#)
  - o An interview series with change-makers & culture-shapers exploring what it means to be a good ancestor. Hosted by globally respected speaker, anti-racism educator, and New York Times bestselling author of *Me and White Supremacy*, Layla F. Saad
  - o The episodes introduce other resources and present recommendations for action. The [Glennon Doyle episode](#) is a great place to start.
- J [Code Switch](#)

- A multi-racial, multi-generational team of NPR journalists who cover race and identity.

### ) [Uncivil](#)

- Uncivil brings you stories that were left out of the official history of the Civil War, ransacks America's past, and takes on the history you grew up with. We bring you untold stories about resistance, covert operations, corruption, mutiny, counterfeiting, antebellum drones, and so much more. And we connect these forgotten struggles to the political battlefield we're living on right now. The story of the Civil War—the story of slavery, confederate monuments, racism—is the story of America.

### ) [The 1619 Project](#)

- An ongoing project developed by The New York Times Magazine in 2019 with the goal of re-examining the legacy of slavery in the United States and timed for the 400th anniversary of the arrival of the first Africans in Virginia.

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### **Other Resources**

- Rachel Cargle's "[Do the Work](#)," a free, 30-day course designed to be an eye opener and call to action for those who seek to become allies to Black women.
- [10 Effective Ways to Support Protesters if You Can't Get in the Streets Right Now](#)
- "[African American History: From Emancipation to the Present](#)," a free, online Yale course taught by former Yale College Dean Jonathan Holloway